



Swedenborg Association of Australia
Friday 7:45pm, 23rd March 2018
at the New Church, 4 Shirley Road, Roseville
\$5 members, \$7 non-members/concession



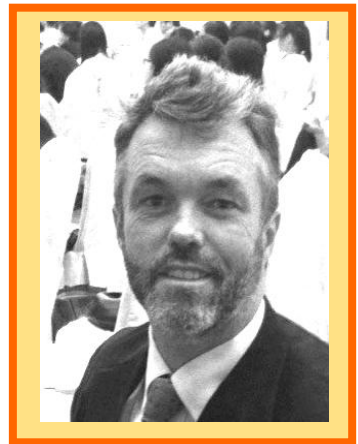
STILLNESS
an ancient
authentic method
for spiritual growth

Presented by Dr Michael Popplewell

Stillness is one of the great methods used throughout the ages by serious seekers for spiritual development. In this talk Michael will outline some of the processes that occur when stillness is practiced and how stillness can be a powerful addition to an ardent seeker's approach to God.

About Michael

Dr Michael Popplewell was a member of the Dr Groves group since the early 90s and has studied Swedenborg and Gurdjieff for nearly 30 years. He has visited the monasteries of Mount Athos, the spiritual heart of Orthodox Christianity and regularly participates in Buddhist 10 day silent meditation retreats. He has practiced Chinese medicine since 1994 and has a PhD in this field. He also has Masters in Electrical Engineering (Research).



More SAA events info at www.swedenborg.com.au